## East Point Campus – "Jnanaprabha", Virgo Nagar Post, Bangalore-560049, Karnataka, India Website Contents

Institution	EAST POINT COLLEGE OF ENGINEERING AND TECHNOLOGY				
Department	ELECTRONICS AND COMMUNICATION ENGINEERING				
Event Type / Theme Please Tick (V) appropriate one	Club Activities/ Industrial Visit/ Guest Lecture/ Invited Talk/ Workshop / FDP /Seminar / Webinar / Conference /Sports Event /NSS Activity / Cultural Event Others (Please Mention):				
Event Title	"Food Walk" - Cooking without Fire				
Date	13.01.2024		Time	1	0.00
Venue	ECE SEMINAR HALL				
Duration	2 Hrs	From:	11.00 AM	То:	12.00PM
Program Objective	Cooking makes it easier to digest the meat and vegetables' coarse fibers.				
	Cooking adds variety to the menu by allowing one food item to be				
	prepared in many different ways and with different textures. Cooking				
	preserves food longer. High temperatures kill bacteria and limit spoilage				

The Benefits of fireless cooking are many such as: Social-Emotional Development: Hands on cooking activities help children develop confidence and skill. Following recipes encourages children to be selfdirected and independent, it also teaches them to follow directions and develop problem-solving skills. Helps to learn about the tributes to the overall security of the space ecosystem.

Names of the Resource Persons / Chief Guests     / Guests of Honors / Other's Mention	Dr Yogesh G S
2. Designation/s	Vice Principal and HoD
3. Company's Name / Associations	ECE, EPCET
Total Number of Participants	120
Total number of Participants in <i>Google</i> Meet	NA
Total number of feedbacks received through Google forms from both Google meet and You Tube	NA
Total Number of Views (First Day) in YouTube	NA



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## **Photos**







Video Recording Link / YouTube Link

: (In case of virtual event